

## ¡Vamos con la Familia!

### Vocabulary List

el agua	water
el suéter	sweater
la mochila	backpack
temprano	early
tarde	late
Estoy cansado(a).	I'm tired.
Tengo calor.	I'm hot.
¡Cuidado!	Be careful!

Today's adventure was at Machu Picchu, one of the eight wonders of the world! We packed our *mochilas* for the hike and played games "racing on the stairs to the top of Machu Picchu" all in Spanish! ¡Cuidado! It is a difficult hike to complete.

### Notas Culturales

Machu Picchu means "ancient peak" in Quechua, the language of the Incan people. Many tourists travel to Peru for the breathtaking views on the trek of the Inca Trail up Machu Picchu. Once you arrive at the base of the Inca Trail it is recommended that you take a day to acclimate yourself with the extremely high elevation. Machu Picchu is nearly 8,000 feet above sea level. You can choose to climb or hike on a path or ride a bus to the top. This hike can take up to three days to complete if you hike the entire way and is required for you to have a tour guide and porter to help carry your bags. This is extremely challenging and many people don't make it. Peru has restricted the number of people to 500 per day that can travel the Inca Trail to Machu Picchu in an effort to preserve the site. The cost of the tour can range between \$1,000 to \$2,000 per person.



### Practice at Home

Speak Spanish with your child at home or while driving in the car. Ask how they are with, "¿Cómo estás?" Your child can answer "Muy bien. (Very good.) *Estoy cansado(a).* (I'm tired.) or *Tengo calor.* (I'm hot.)"

### Information

Please contact the Futura Language Professionals Coordinator, [SandyO@FuturaAdventures.com](mailto:SandyO@FuturaAdventures.com) with any questions about Spanish class.