

¡BIENVENIDOS! – WELCOME!

1. Ice Breakers & Get to know each other conversation practice to get started.

- Share with the class *two appliances you have in your kitchen and then tell us how you use them.* **Menciona 2 electrodomésticos que hay en tu cocina y cómo los usas. Example: Tengo la estufa para cocinar.** *Goal to use lots of Spanish sharing kitchen appliances and verbs.

2. Accessing Futura website & Parent Portal.

- Please, check your confirmation email that includes the password and step-by-step on how to login Futura’s portal so you can access all the handouts and materials ahead of time for this class!

3. Vocabulary Lesson #1: Vamos a Cocinar -En la Cocina. In the Kitchen. *Vamos a aprender frases comunes, verbos y oraciones útiles para hacer un guacamole.* Common phrases, verbs, and useful sentences while making guacamole:



Click here [HERE](#) to practice online with flashcards and interactive games on Quizlet.

1. **Vamos a preparar el guacamole.** We are going to prepare guacamole.
2. **¿Cuántos aguacates necesitamos?** How many avocados do we need?
3. **Tenemos que picar la cebolla/cilantro/tomate.** We need to chop the onion, cilantro, and tomato.
4. **Mezclar todos los ingredientes en un tazón.** Mix all the ingredients in a bowl.
5. **Machacarlos hasta tener la consistencia deseada.** Mash until the desired consistency.
6. **¿Te gusta el guacamole picante?** Do you like spicy guacamole?
7. **Si te gusta guacamole picante, pon jalapeños extras.** If you like spicy guacamole, put in extra jalapeños.
8. **¿Tienes un molcajete en tu cocina?** Do you have a molcajete in your kitchen?

VOCABULARIO	VOCABULARY
<i>la receta</i>	recipe
<i>los ingredientes</i>	ingredients
<i>las instrucciones</i>	instructions /directions
<i>los aguacates</i>	avocados
<i>la cebolla</i>	onion
<i>el ajo</i>	garlic
<i>el jalapeño</i>	jalapeño
<i>el cilantro</i>	cilantro

el limón (el jugo)	lime (juice)
la sal	salt
el tomate	tomato
la toalla de cocina	kitchen towel
el molcajete /el mortero	the molcajete
la semilla /el hueso	the pit
preparar	to prepare
machacar /moler	to mash /grind
agregar /añadir	to add
pelar	to peel
sacar a cucharadas	to scoop out
mezclar	to mix

4. Práctica: In Action~ Prepare guacamole using the recipe step by step in Spanish. Feel free to make [THIS GUACAMOLE RECIPE](#) at home to taste it, to make the lesson more interactive and bring the experience to life!

----**Below are the steps to check in on the recipe and process.**

1. Primero, lee _____ **(the instructions)** para entender los pasos.
2. Luego, revisa _____ **(the ingredients)** que necesitas.
3. Para hacer guacamole, vas a usar: _____ **(the avocados)**, _____ **(the onion)**,
 _____ **(the cilantro)**, _____ **(the lemon juice)**, _____ **(the salt)**
 y _____ **(the tomato)**.
4. Opcional puedes agregar: _____ **(the jalapeño)** and _____ **(the garlic)**.
5. Antes de empezar, limpia con _____ **(the kitchen towel)**.
6. Para _____ **(to prepare)** el guacamole, primero debes cortar los aguacates y quitar
 _____ **(the pit/seed)**.

7. Luego, _____ (to scoop out) los aguacates.
8. Después, puedes _____ (to peel) y cortar _____ (the onion) y _____ (the tomato).
9. En _____ (the molcajete), vas a _____ (to mash/grind) los ingredientes.
10. Luego, _____ (to add) el cilantro, el jugo de limón y la sal.
11. Finalmente, _____ (to mix) todo muy bien.



5. Conversation practice - ¡Vamos a conversar! Since this is a conversational class, your teacher will divide the class into breakout rooms in Zoom. You will get to practice your Spanish skills with a partner.

6. Vocabulario #2: Vamos a Comer~ En la mesa Vamos a aprender frases comunes, verbos y oraciones útiles para usar al comer en la mesa. Common phrases, verbs, and example sentences while eating at the table.

 Click [HERE](#) to practice online with flashcards and interactive games on Quizlet.

1. **Pon la mesa.** Set the table.
2. **¿Dónde está la mantequilla?** Where is the butter?
3. **Pásame la pimienta por favor.** Pass me the pepper please.
4. **La comida está deliciosa.** The food is delicious.
5. **Me encanta el guacamole.** I love guacamole.
6. **¿Te gusta el guacamole?** Do you like guacamole?
7. **Necesito más sal.** I need more salt.
8. **¡Listo, a comer!** Ready, time to eat!
9. **Buen provecho.** Enjoy your meal.
10. **¡Guácala!** Gross! Yuck!
11. **¡Qué rico!** How rich!

VOCABULARIO	VOCABULARY
comer	to eat
la mesa	table
poner la mesa	to set the table
la silla	chair
el plato	plate

<i>el vaso</i>	glass
<i>el tazón /el bol</i>	bowl
<i>el tenedor</i>	fork
<i>la cuchara</i>	spoon
<i>el cuchillo</i>	knife
<i>la servilleta</i>	napkin
<i>el mantel</i>	tablecloth
<i>la pimienta</i>	pepper
<i>el azúcar</i>	sugar
<i>el aceite de oliva</i>	olive oil
<i>el vinagre</i>	vinegar
<i>la mantequilla</i>	butter
<i>las especias</i>	spices
<i>los condimentos</i>	condiments
<i>picante</i>	spicy
<i>sabroso</i>	tasty
<i>por favor</i>	please
<i>gracias</i>	thank you
<i>probar</i>	to taste
<i>pasar</i>	to pass
<i>servir</i>	to serve
<i>compartir</i>	to share

<i>crujiente</i>	crispy	<i>cremoso</i>	creamy
<i>esponjoso</i>	fluffy	<i>pegajoso</i>	sticky
<i>chicloso</i>	chewy	<i>crudo</i>	raw
<i>la mayonesa</i>	mayonnaise	<i>salsa de tomate</i>	ketchup
<i>la mostaza</i>	mustard	<i>la salsa barbacoa</i>	barbecue sauce

<i>el aderezo</i>	dressing	<i>la vinagreta</i>	vinaigrette
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Extra~ Optional vocabulary:

7. Práctica escrita – Written practice! Translate the following English sentences into Spanish.

- Please set the table and bring the plate and the glass.

- I like to eat tasty food with many spices.

- Can you pass the salt and pepper, please?

- We are going to share the bowl of soup.

- She wants to taste the rice with olive oil and vinegar.

- The waiter is going to serve the food on the table with a tablecloth.

- I use the fork and the knife, but I also need a spoon.

- Thank you for bringing the butter, sugar, and condiments.



8. Conversation practice - ¡Vamos a conversar! Since this is a conversational class, your teacher will divide the class into breakout rooms in Zoom. You will get to practice your Spanish skills with a partner.

9. Culture Lesson: *Traditional cuisine in different Spanish speaking countries.*

10. Más practica: *Translate the following sentences from English to Spanish.*

→ The food is very tasty. I like the flavors.

→ For this recipe, I need a good knife for chopping the onion.

→ I am going to buy the ingredients at the market today.

→ The instructions on the recipe are easy to follow.

→ Can you pass me a napkin, please?



11. OPTIONAL HOMEWORK /TAREA: Want to review today's lesson throughout the week? Use the Quizlet links provided in your handout to review the material in a more interactive way.